

2006 COLORADO CROSS COUNTRY



UNIVERSITY OF COLORADO SPORTS INFORMATION

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Division I Men's Poll

As of Oct. 31, 2006

1. Wisconsin
- 2. COLORADO**
3. Iona
4. UTEP
5. Arkansas
6. Oregon
7. Stanford
8. North Carolina State
9. Portland
10. Florida
11. Michigan
12. Providence
13. Alabama
14. BYU
15. Minnesota
16. Georgetown
17. Florida State
18. Notre Dame
19. Cal Poly
20. Kansas
21. Texas
22. Cal State-Santa Barbara
23. Oklahoma State
24. Arizona
25. Virginia
26. Louisville
27. Michigan State
28. Iowa
29. Butler
30. Weber State

Division I Women's Poll

As of Oct. 31, 2006

1. Stanford
2. North Carolina State
3. Michigan
4. Arkansas
5. Wisconsin
6. Minnesota
7. UC Santa Barbara
8. Arizona State
- 9. COLORADO**
10. Providence
11. Michigan State
12. BYU
13. Illinois
14. Duke
15. Georgetown
16. Georgia
17. Texas Tech
18. Tennessee
19. Iona
20. Princeton
21. Florida State
22. Virginia
23. Iowa
24. Colorado State
25. Florida
26. Virginia Tech
27. Boston University
28. Butler
29. Washington
30. Weber State

NEXT UP: The NCAA Mountain Regions are on Nov. 11 in Albuquerque, N.M. The University of New Mexico is hosting the races at the University North Golf Course.

THE SCHEDULE: The women's 6k race is at 10 a.m. (MT) with the men's 10k to follow at 11 a.m. An awards ceremony will follow the races.

WHAT HAPPENED LAST YEAR: Colorado swept the men's and women's races for the second straight year. Liza Pasciuto was the top female finisher for CU with a second-place finish. Billy Nelson paced the Buffs by taking the top spot. He beat out teammate Bret Schoolmeester.

BUFFALO DOMINANCE: The Colorado men have only given up two NCAA Mountain Region titles in the last 10 years. The men have won 11 of the last 12 individual titles. Adam Goucher won four of those, while Jorge Torres claimed three. On the women's side, CU has won the individual title four out of the last seven times. Renee Metivier, a volunteer assistant for the Buffs, was the last to win the crown in 2004.

CU AT NCAA MOUNTAIN REGIONS SINCE 1996:

Year	Colorado Men			Colorado Women		
	Points	Finish	Top CU Finisher	Points	Finish	Top CU Finisher
1996	33	1st	1. Adam Batliner	43	1st	3. Kelly Smith
1997	15	1st	1. Adam Goucher	64	2nd	3. Kelly Smith
1998	34	1st	1. Adam Goucher	69	2nd	7. Heather Burroughs
1999	61	2nd	1. Ron Roybal	61	2nd	1. Kara Grgas-Wheeler
2000	38	1st	1. Jorge Torres	38	1st	1. Kara Grgas-Wheeler
2001	48	1st	1. Jorge Torres	48	2nd	1. Jody Hughes
2002	93	2nd	1. Jorge Torres	66	2nd	4. Sara Slattery
2003	69	1st	1. Dathan Ritzenhein	67	2nd	4. Renee Metivier
2004	40	1st	5. Brent Vaughn	32	1st	1. Renee Metivier
2005	42	1st	1. Billy Nelson	53	1st	2. Liza Pasciuto

All-BIG 12 PERFORMERS: Colorado placed nine (five men and four women) on the All-Big 12 Team. The team consists of the top 15 runners in the men's and women's races. Sophomore Jenny Barringer earned her second All-Big 12 honor with her second straight runner-up finish at the championship. Junior Liza Pasciuto notched her third All-Big 12 honor with a fifth-place finish, moving up one spot from last year. Freshmen Claire Maduza and Aislinn Ryan finished sixth and ninth, respectively, earning their first honors.

All five of the men's scorers took a spot in the top 15. Junior Brent Vaughn led the Buffs with a third-place finish to record his third All-Big 12 honor. Senior Billy Nelson rounded out his career with his fourth All-Big 12 accolade by finishing sixth. Junior Stephen Pifer was seventh and earned his second All-Big 12 honor; while senior Erik Heinonen recorded his first league accolade with a ninth-place finish. Junior James Strang rounded out CU's score by placing 11th and also earned his second All-Big 12 honor.

2006 University of Colorado Cross Country Schedule/Results

Date	Meet	Location	M	W
Sept. 30	Rocky Mountain Shootout	Boulder, Colo.	1/4	1/5
Oct. 7	at Tiger Invitational (B team)	Hays, Kan.	NTS	5/11
Oct. 14	at Pre-NCAA Invitational	Terre Haute, Ind.	1/36	6/37
Oct. 21	at Air Force Open (B team)	USAFA, Colo.	NTS	---
Oct. 27	at Big 12 Championships	Lawrence, Kan.	1/12	1/12
Nov. 11	at NCAA Mountain Region Championship	Albuquerque, N.M.		
Nov. 20	at NCAA Championships	Terre Haute, Ind.		
Feb. 10	at USATF Cross Country Championships	Boulder, Colo.		
March 24	at IAAF World Cross Country Championships	Mombasa, Kenya		

Examining the Polls:

Program Comparison

School	M	W	Total
Wisconsin	1	5	6
Stanford	7	1	8
Arkansas	5	4	9
North Carolina St.	8	2	10
COLORADO	2	9	11
Michigan	11	3	14
Minnesota	15	6	21
Iona	3	19	22
UC Santa Barbara	22	7	29
Georgetown	16	15	31
Providence	12	10	32
Florida	10	25	35
BYU	14	12	36
Michigan State	27	11	38
Florida State	17	21	38
Virginia	25	22	47
Iowa	28	23	51
Butler	29	28	57
Weber State	30	30	60

Conference Comparison

Conference	M	W	Total
Big 10	5	6	11
ACC	3	5	8
SEC	3	4	7
Big 12	4	2	6
BIG EAST	4	2	6
PAC 10	3	3	6
Big West	2	2	4
Mountain West	1	2	3
Horizen	1	1	2
Metro Atlantic	1	1	2
Ivy	1	1	1
American East	1	1	1
Big Sky	1	1	1
Conference USA	1	1	1
West Coast	1	1	1

Regional Comparison

School	M	W	Total
West	7	3	10
Great Lakes	4	4	8
Mountain	4	4	8
Midwest	4	3	7
South	3	4	7
Southeast	3	4	7
Northeast	2	4	6
South Central	2	2	4
Mid-Atlantic	1	2	3

BIG 12 COACH OF THE YEAR: University of Colorado head cross country coach Mark Wetmore has been named the 2006 Big 12 Conference Men's and Women's Coach of the Year. The award is voted by the league's coaches. Wetmore led CU to its 11th straight men's and 10th overall women's Big 12 titles this past Friday at the Rim Rock Farm Cross Country Course in Lawrence, Kansas.

Wetmore's squads swept the 2006 Big 12 Cross Country team titles for the eighth straight year. The women notched 45 points to defeat runner-up Texas Tech (64) and the men recorded 36 points as they bested Texas (80).

THROWING A 1-2 PUNCH: The Colorado women have a dynamic duo in junior Liza Pasciuto and sophomore Jenny Barringer. Barringer has been CU's no. 1 runner this season and Pasciuto has been second in every race for the Buffs.

FRESHMEN PHENOMS: Claire Maduza and Aislinn Ryan have made an immediate impact on this year's team. Maduza has placed third for CU in two races and Ryan has been fourth twice. Each earned their first All-Big 12 honor by taking sixth and ninth overall, respectively, at the Big 12 Championship.

EXPERIENCE: Colorado's men's team is made up of lots of experience. The Buffs have two seniors and four juniors on the squad. Among Brent Vaughn, Billy Nelson, Stephen Pifer and James Strang, they have six All-American honors, five all-region and 11 All-Big 12 honors to date.

WHO'S RUNNING AND HOW HAVE THEY DONE IN THE PAST...

Colorado Women	Ht	Yr	Exp.	2002	2003	2004	2005
Jenny Barringer	5-5	So.	1L				8/4
Rachel Gioscia	5-4	Fr.	RS				
Emily Hanenburg (Alt.)	5-9	Fr.	HS				
Claire Maduza	5-4	Fr.	HS				
Erin Marston	5-6	Sr.	VR				
Hilary McClendon	5-5	Fr.	HS				
Liza Pasciuto	5-4	Jr.	2L			12/5	2/1
Aislinn Ryan	5-10	Fr.	HS				

Colorado Men	Ht	Yr	Exp.	2002	2003	2004	2005
Bradley Harkrader	5-8	So.	RS/1L			12/3	
Erik Heinonen	5-8	Sr.	1L				
Peter Janson	5-9	Jr.	1L				52/7
Billy Nelson	5-6	Sr.	3L	5/4	3/2		1/1
Kenyon Neuman (Alt.)	5-10	Fr.	RS				
Stephen Pifer	6-0	Jr.	2L			17/5	7/3
James Strang	6-0	Jr.	1L			16/4	11/4
Brent Vaughn	6-0	Jr.	2L/RS			5/2	

ACADEMIC ALL-BIG 12: The University of Colorado cross country program placed 12 on the Academic All-Big 12 teams, the conference office announced Tuesday. Members of the first team have a grade point average of 3.20 or better. Those named to the second team have a 3.0-3.19 grade point average.

Anthony Chiulli, Pete Janson and Daniel Kenney all earned their third selection to the Academic All-Big 12 team. Janson and Kenney each earned their third selection to the first team. Janson is a Biology major and Kenney is majoring in business. Chiulli, a management major, is a three-time member of the second team.

Senior Erik Heinonen, a news editorial and anthropology major and Erin Marson, an integrated physiology major, were named to the first team for the second time in their careers at CU.

Jenny Barringer, Rachel Gioscia, Jennifer Hooper, Kenyon Neuman and Caitlin Schultheiss were named to the first team for the first time in their careers. Seth DeMoor and Liza Pasciuto earned second team honors for the first time in their prospective careers.

2006 Colorado Rosters

COLORADO WOMEN					COLORADO MEN				
Name	Ht	Yr	Exp.	Hometown (High School/College)	Name	Ht	Yr	Exp.	Hometown (High School/College)
Jennifer Barringer*	5-5	So.	1L	Oviedo, Fla. (Oviedo)	Greg Castro	5-6	Jr.	HS	Boulder, Colo. (Boulder)
Anna Chase	5-2	Fr.	HS	Martinsville, Va. (Martinsville)	Anthony Chiulli	5-10	Sr.	1L	Memphis, Tenn. (Christian Brothers)
Morgan Ekemo	5-4	Jr.	TR	Eagle River, Alaska (Chugiak/Virginia Tech)	Seth DeMoor	5-5	So.	VR	Buena Vista, Colo. (Buena Vista)
Sara Ensrud	5-1	Jr.	1L	Gering, Neb. (Gering/Virginia)	Dan Edwards	5-10	Fr.	HS	Kaiserslautern, Germany (Ramstein)
Rachel Gioscia	5-4	Fr.	RS	Buena Vista, Colo. (Buena Vista)	Bradley Harkrader	5-8	So.	1L	Westminster, Colo. (Thornton)
Emily Hanenburg	5-9	Fr.	HS	Colorado Springs, Colo. (The Classical Academy)	Erik Heinonen	5-8	Sr.	1L	Eugene, Ore. (South Eugene/Oregon)
Jennifer Hooper	5-5	So.	HS	Steamboat Springs, Colo. (Steamboat Springs)	Matthew Herzl	6-0	Fr.	HS	Littleton, Colo. (Heritage)
Claire Maduza	5-4	Fr.	HS	Shorewood, Wis. (Shorewood)	Peter Janson	5-9	Jr.	1L	Dallas, Texas (Highland Park)
Erin Marston	5-6	Sr.	VR	Parker, Colo. (Chaparral)	Daniel Kenney	6-0	Sr.	VR	Fort Collins, Colo. (Rocky Mountain)
Hilary McClendon	5-5	Fr.	HS	Eagle, Idaho (Bishop Kelly)	Shaun Lyle	5-10	Jr.	HS	Eureka, Calif. (Eureka)
Liza Pasciuto *	5-4	Jr.	2L	Murrieta, Calif. (Murrieta Valley)	Billy Nelson*	5-6	Sr.	3L	Bakersfield, Calif. (Taft Union)
Dani Rodriguez	5-6	Fr.	HS	Parker, Colo. (Chaparral)	Kenyon Neuman	5-10	So.	VR	Bend, Ore. (Summit)
Aislinn Ryan	5-10	Fr.	HS	Warwick, N.Y. (Warwick Valley)	Chris Pannone	5-8	So.	VR	Whitehouse Station, N.J. (Hunterdon Central)
Caitlin Schultheiss	5-5	So.	VR	Grass Valley, Calif. (Nevada Union)	Stephen Pifer*	6-0	Jr.	2L	Edwardsville, Ill. (Highland Park)
Kelly Shuma	5-3	Jr.	HS	Buffalo Grove, Ill. (Stevenson)	James Strang*	6-0	Jr.	2L	Signal Mountain, Tenn. (Baylor)
Amber Smith	5-7	So.	1L/RS	Ishpeming, Mich. (Westwood)	Robert Thayer	6-1	Jr.	VR	Hotchkiss, Colo. (Hotchkiss)
Blair Snyder	5-7	Fr.	HS	Hillsborough, Calif. (Crystal Springs Uplands)	Brent Vaughn	6-0	Jr.	2L/RS	Aurora, Colo. (Smoky Hill)
Erin Thayer	5-5	Fr.	HS	Hotchkiss, Colo. (Hotchkiss)					

*-indicates returning 2005 postseason scorers

30th ANNIVERSARY: 2006 marks the 30th anniversary of the CU women's cross country team. Over the past 30 years, CU has won two national championships and two individual national championships. The Buffs also have two runner-up team finishes and one individual runner-up. Colorado has placed in the top-five 11 times in the team championship. In the first year of competition (1976), the team finished 16th at the national championship with Pam Allen leading the team with a 16th-place finish. Last year saw the Buffs stunning Duke by taking second at the NCAA's. Only time can tell what mark this season's squad will leave in the record book.

2006 COLORADO CROSS COUNTRY RESULTS

COLORADO WOMEN

Sept. 2 ALUMNI/OPEN/VARSITY TIME TRIAL NTS
Sept. 30 ROCKY MOUNTAIN SHOOTOUT (Boulder) 1/5
1. Colorado, 20; 2. Colorado State, 38; 3. Wyoming, 87; 4. Xavier, 110; 5. Northern Colorado, 123

Oct. 7 at Tiger Invitational (Hays, Kan.) 5/11
1. Butler CC, 77; 2. Colorado College, 86; 3. Fort Hays State, 90; 4. Nebraska-Kearney, 110; **5. Colorado 'B', 133;** 5. Northern Colorado, 133; 7. Garden City CC, 163; 8. Newman, 214; 9. Colby CC 219; 10. CSU-Pueblo 228; 11. Colorado N'western CC, 315.

Oct. 14 at Pre-National Invitational (Terre Haute, Ind.) 6/37
1. North Carolina State, 117; 2. Michigan, 176; 3. Wisconsin, 176; 4. UC Santa Barbara, 196, 5. Illinois, 219; **6. Colorado, 228;** 7. Tennessee, 291; 8. Georgetown, 294; 9. Iona, 306; 10. Georgia, 321.

Oct. 21 at Air Force Invitational (USAFA, Colo.) DNC
 Oct. 27 at Big 12 Championships (Lawrence, Kan.) 1/12
1. Colorado, 45; 2. Texas Tech, 64; 3. Nebraska, 110; 4. Oklahoma State, 120; 5. Baylor, 121; 6. Texas A&M, 147; 7. Missouri, 169; 8. Oklahoma, 172; 9. Iowa State, 127; 10. Texas, 280; 11. Kansas, 287; 12. Kansas State, 290.

Nov. 11 at NCAA Mountain Region Championships (Albuquerque, N.M.)
 Nov. 20 at NCAA Championships (Terre Haute, Ind.)

COLORADO MEN

Sept. 2 ALUMNI/OPEN/VARSITY TIME TRIAL NTS
Sept. 30 ROCKY MOUNTAIN SHOOTOUT (Boulder) 1/4
1. Colorado 20; 2. Wyoming 47; 3. Northern Colorado 79; 4. Xavier 100

Oct. 7 at Tiger Invitational (Hays, Kan.) NTS
 Oct. 14 at Pre-National Invitational (Terre Haute, Ind.) 1/36
1. Colorado, 70; 2. Florida State, 171; 3. North Carolina State, 152; 4. UC Santa Barbara, 229; 5. Georgetown, 274; 6. Providence, 285; 7. Louisville, 289; 8. Oklahoma State, 292; 9. Arizona, 293; 10. Butler, 321.

Oct. 21 at Air Force Invitational (USAFA, Colo.) NTS
 Oct. 27 at Big 12 Championships (Lawrence, Kan.) 1/12
1. Colorado, 36; 2. Texas, 80; 3. Kansas, 53; 4. Oklahoma State, 108; 5. Iowa State, 114; 6. Missouri, 156; 7. Texas A&M, 196; 8. Baylor, 234; 9. Oklahoma, 246; 10. Texas Tech, 254; 11. Nebraska, 320; 12. Kansas State, 331.

Nov. 11 at NCAA Mountain Region Championships (Albuquerque, N.M.)
 Nov. 20 at NCAA Championships (Terre Haute, Ind.)

INDIVIDUAL RESULTS (Overall/CU)

Runner	RMS 5.8k	FT HS 5k	PRE-NC 6k	AFA 6k	B12 6k	MTR 6k	NCAA 6k
J. Barringer	1/1 20:51		3/1 20:09.8		2/2 20:45.52		
A. Chase	41/9 23:53	9/1 19:25.28	+82 22:42.2		62/8 23:27.56		
R. Gioscia	25/6 22:45		164/7 22:19.9		88/9 24:38.99		
E. Hanenburg	30/8 23:08		+71 22:36.9		52/7 23:02.92		
J. Hooper	24:00 45/10	12/2 19:39.28					
C. Maduza	5/3 21:27		51/4 21:14.1		6/3 21:21.38		
E. Marston	12/5 21:49		115/51 21:50.4		23/5 22:09.63		
H. McClendon	28/7 22:59		129/6 21:59.1		46/6 22:49.47		
L. Pasciuto	2/2 21:19		15/2 20:36.3		5/2 21:12.98		
D. Rodriguez	+9 24:51						
A. Ryan	7/4 21:32		46/3 21:08.0		9/4 21:26.94		
C. Schultheiss	67/11 24:53	27/3 20:11.13					
K. Shuma		50/5 21:05.05					
A. Smith							
B. Snyder							
E. Thayer	108/12 27:05						
S. Ward	+11 25:20	46/4 20:52.42					

INDIVIDUAL RESULTS (Overall/CU)

Runner	RMS 8k	FT HS 8k	PRE-NC 8k	AFA 8k	B12 8k	MTR 10k	NCAA 10k
G. Castro	49/14 27:52						
A. Chiulli	33/13 27:09	+3 26:3.68		2/2 26:32			
S. DeMoor	8/2 25:35		72/7 24:42.9				
D. Edwards							
B. Harkrader			57/6 24:32.7		53/9 26:07.20		
E. Heinonen	12/5 25:59		30/5 24:11.8		9/4 24:50.40		
M. Herzl	+33 27:59						
P. Janson	13/6 26:02		+4 24:42.9		28/8 25:30.40		
D. Kenney	26/11 26:55		+84 25:43.9	4/4 26:56			
S. Lyle	18/10 26:31		+57 25:29.4	3/3 26:34			
C. Mulvany	+13 26:35						
B. Nelson	14/7 26:13		8/2 23:50.3		6/2 24:45.50		
K. Neuman	16/9 26:15		+191 27:06.8	1/1 26:09	21/6 25:22.40		
C. Pannone	15/8 26:13		+22 25:04.5		26/7 25:29.80		
S. Pifer	4/1 25:31		7/1 23:48.4		7/3 24:47.60		
J. Strang	11/4 25:53		20/4 24:05.7		11/5 24:55.60		
R. Thayer	29/12 26:59	+8 26:17.12		5/5 27:10			
B. Vaughn	9/3 25:39		10/3 23:53.0		3/1 24:39.40		



JENNY BARRINGER
 Sophomore • 1L
 Oviedo, Fla.
 (Oviedo)

Jenny Barringer has picked up where she left off her freshman season. Barringer won the Rocky Mountain Shootout in a personal record of 20:51. In doing so, she was named the CU Athlete of the Week. At pre-nationals, Barringer recorded a third-place finish, setting another personal course record of 20:09.8, cutting 26 off her previous best. Barringer picked up her second straight runner-up finish at the Big 12 Championships, helping CU to its 10th overall Big 12 title. Barringer was named CU Athlete of the Week for that performance.

2006 In Review

Rocky Mountain Shootout .. 1/1 20:51
 at Pre-Nationals 3/1 ... 20:09.8
 at Big 12 Championships 2/2 20:45. 52

2006 Honors

CU Athlete of the Week (10/3)
 CU Athlete of the Week (10/17)
 2006 All-Big 12



RACHEL GIOSCIA
 Freshman • RS
 Buena Vista, Colo.
 (Buena Vista)

Rachel Gioscia is looking to make an impact during the 2006 season after being sidelined last year. Gioscia placed sixth for CU at the Rocky Mountain Shootout (22:45, 25th overall) and placed 164th at pre-nationals. At the Big 12 Championships, Gioscia took 88th overall.

2006 In Review

Rocky Mountain Shootout .. 25/6 22:45
 at Pre-Nationals 164/7 22:29.9
 at Big 12 Championships 88/9 24:38.99



EMILY HANENBERG
 Freshman • HS
 Colorado Springs, Colo.
 (The Classical Academy)

Emily Hanenberg is making steady improvement in her first season as a Buff. She finished in the top 30 at the Rocky Mountain Shootout (30th/23:08). At the pre-nationals open race, she took 71st in 22:36.9. Hanenberg took 52nd at Big 12's and was CU's no. 7 racer. Hanenberg will be CU's alternate at the NCAA Mountain Regional.

2006 In Review

Rocky Mountain Shootout .. 30/8 23:08
 at Pre-Nationals +71 . 22:36.9
 at Big 12 Championships 52/7 23:02.92



CLAIRE MADUZA
 Freshman • HS
 Shorewood, Wis.
 (Shorewood)

Claire Maduza has shown in the first three races she is going to be a part of CU's varsity team immediately. Maduza earned a fifth-place finish in her collegiate debut at the Rocky Mountain Shootout (21:27) and was the third Buff across the line. At Pre-Nationals, she finished 51st overall, fourth for CU. (21:14.1). Maduza was the Buffs' highest newcomer at Big 12's. She took sixth behind teammate Liza Pasciuto (5th) and was CU's third racer to finish.

2006 In Review

Rocky Mountain Shootout .. 5/3 21:27
 at Pre-Nationals 51/4 . 21:14.1
 at Big 12 Championships 6/3 21:21/38

2006 Honors

2006 All-Big 12



ERIN MARSTON
Senior • VR
Parker, Colo.
(Chaparrel)

Erin Marston is having a breakout senior season at CU. In each of the first three races, she has been CU's No.5 harrier. She took 12th at the Rocky Mountain Shootout and was 115th at Pre-Nationals. Marston rounded out CU's score with a 23rd-place finish at Big 12's.

2006 In Review

Rocky Mountain Shootout .. 12/5 21:49
at Pre-Nationals 115/5 21:50.4
at Big 12 Championships 23/5 22:09.63



HILARY McCLENDON
Freshman • HS
Eagle, Idaho
(Bishop Kelly)

Hilary McClendon is looking to score for her first time as a Buff. She came close at the Rocky Mountain Shootout as the seventh Buff crossing the finish. McClendon took 28th overall. At pre-nationals, she was CU's No.6 racer, recording a 129th finish. McClendon finished 46th at Big 12s for CU and was the sixth Buff to finish.

2006 In Review

Rocky Mountain Shootout .. 28/7 22:59
at Pre-Nationals 129/6 21:59.1
at Big 12 Championships 46/6 22:49.47



LIZA PASCIUTO
Junior • 2L
Murrieta, Calif.
(Murrieta Valley)

Liza Pasciuto continues to be one of CU's best distance runners. She has been the No. 2 racer in each race this season; including a second-place finish at the Rocky Mountain Shootout. She has set personal-bests on both courses this year, cutting a minute off the Buffalo Ranch Course and 48 seconds off her La Vern Gibson Course best. Pasciuto moved up a spot to fifth at this year's Big 12 Championship, completing the course in 21:12.98. She was CU's no. 2 racer for the third straight race.

2006 In Review

Rocky Mountain Shootout .. 2/2 21:19
at Pre-Nationals 15/2 . 20:36.3
at Big 12 Championships 5/2 . 21:12.98

2006 Honors

2006 All-Big 12



AISLINN RYAN
Freshman • HS
Warwick, N.Y.
(Warwick Valley)

Aislinn Ryan is another freshman making her mark in 2006. Ryan will be one of CU's top scorers this season, as she already has placed fourth and third for the Buffs. At her collegiate debut, she placed seventh overall and was CU's No.4 racer (21:32). She followed that performance up with a 46th-place finish at pre-nationals where she was the third Buff across the finish (21:08.0). Ryan placed fourth for the Buffs at Big 12s and was ninth overall in earning her first All-Big 12 honor.

2006 In Review

Rocky Mountain Shootout .. 7/4 21:32
at Pre-Nationals 46/3 . 21:08.0
at Big 12 Championships 9/4 . 21:26.94

2006 Honors

2006 All-Big 12

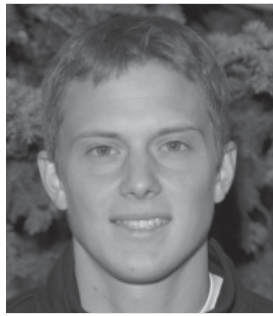


BRADLEY HARKRADER
 Sophomore • 1L
 Westminster, Colo.
 (Thornton)

After sitting out the Rocky Mountain Shootout, **Brad Harkrader** finished 57th at Pre-Nationals. He was the sixth CU racer across the finish in 24:32.7. Harkrader finished 53rd for CU at the Big 12 Championships

2006 In Review

Rocky Mountain Shootout DNC
 at Pre-Nationals 57/6 . 24:32.7
 at Big 12 Championships 53/9 26:07.20



ERIK HEINONEN
 Senior • 1L
 Eugene, Ore.
 (South Eugene/Ore.)

Erik Heinonen earned a sixth year of eligibility this past July and is making the most of it. Heinonen has been CU's fifth harrier this season in both races. At the shootout, he placed 12th overall (25:59) and was 30th at pre-nationals (24:11.8). Heinonen earned his best finish of the season at the Big 12 Championships where he took ninth overall and earned his first All-Big 12 honor. He finished fourth for the Buffs, even after suffering a broken nose in the first 1,000m of the race.

2006 In Review

Rocky Mountain Shootout .. 12/5 25:59
 at Pre-Nationals 30/5 . 24:11.8
 at Big 12 Championships 9/4 . 24:50.40

2006 Honors

2006 All-Big 12



PETE JANSON
 Junior • 1L
 Dallas, Texas
 (Highland Park)

Pete Janson finished 13th at the Rocky Mountain Shootout to start the season. He was CU's sixth racer across the finish. At the pre-nationals open race, Janson finished fourth overall. At the Big 12 Championships, he placed 28th overall and was the eighth Buff to finish the race.

2006 In Review

Rocky Mountain Shootout .. 13/6 26:02
 at Pre-Nationals +4 ... 24:42.9
 at Big 12 Championships 28/8 25:30.40



KENYON NEUMAN
 Freshman • RS
 Bend, Ore.
 (Summit)

Kenyon Neuman placed ninth for CU at the RMS. He took 16th overall. In the pre-nationals open race, Neuman took 16th overall. He led CU's "B" team at the Air Force Open, taking first overall. Neuman just missed out scoring for CU at the Big 12 Championships as he placed 21st overall and was CU's no. 6 racer. Neuman will be CU's alternate in the NCAA regionals.

2006 In Review

Rocky Mountain Shootout .. 16/9 26:15
 at Pre-Nationals +191 27:06.8
 at Air Force Open 1/1 26:09
 at Big 12 Championships 21/6 25:22.40



BILLY NELSON
Senior • 3L
Bakersfield, Calif.
(Taft)

Billy Nelson is looking to wrap up his CU career in style. Nelson took 14th at the Rocky Mountain Shootout as CU's no. 7 harrier. Nelson moved up to CU's no. 2 at pre-nationals by placing eighth overall. Nelson was CU's second racer across the finish at the Big 12 Championships, finishing sixth overall in 24:45.50. Nelson earned his fourth All-Big 12 honor at the race.

2006 In Review

Rocky Mountain Shootout .. 14/7 26:13
at Pre-Nationals 8/2 ... 23:30.3
at Big 12 Championships 6/2 . 24:45.50

2006 Honors

2006 All-Big 12



STEPHEN PIFER
Junior • 2L
Edwardsville, Ill.
(Edwardsville)

Colorado's top overall racer this season has been **Stephen Pifer**. Pifer took fourth overall at the Rocky Mountain Shootout in a pr of 25:31. At pre-nationals, he was seventh overall with another pr of 23:48.4. Pifer placed seventh overall for the Buffs at the Big 12 Championships and was the third Buff to finish the race.

2006 In Review

Rocky Mountain Shootout .. 4/1 25:31
at Pre-Nationals 7/1 ... 23:48.4
at Big 12 Championships 7/3 . 24:47.60

2006 Honors

2006 All-Big 12



JAMES STRANG
Junior • 2L
Signal Mountain, Tenn.
(Baylor)

James Strang has been the Buffs' no. 4 harrier in 2006. He placed 11th overall at the RMS and was 20th at pre-nats. Strang earned his second straight All-Big 12 honor by finishing 11th at the championship. He was CU's fifth racer in the meet.

2006 In Review

Rocky Mountain Shootout .. 11/4 25:53
at Pre-Nationals 20/4 . 24:05.7
at Big 12 Championships 11/5 24:55.60

2006 Honors

2006 All-Big 12



BRENT VAUGHN
Junior • 2L
Aurora, Colo.
(Smoky Hill)

Brent Vaughn is coming back from a medical redshirt season in 2005 and is currently CU's third racer. Vaughn took ninth at the shootout for his best finish of the season. At pre-nats, he placed one spot higher at 10th. Vaughn was the top finisher for CU at the Big 12 Championship, taking third overall. He earned his third consecutive All-Big 12 honor at the race.

2006 In Review

Rocky Mountain Shootout .. 9/3 25:39
at Pre-Nationals 10/3 . 23:53.0
at Big 12 Championships 3/1 . 24:39.40

2006 Honors

2006 All-Big 12
CU Athlete of the Week (10/31)